

ST HELENS WEDNESDAY

RAINHAM RECOVERY

St Helens hall, St Helens court, Off Upminster
road south, RM13 9YU

“Chair & Share” dates

2018

28 th February	12 TH SEPTEMBER
28 th March	10 TH OCTOBER
25 th APRIL	7 TH NOVEMBER
23 RD MAY	5 TH DECEMBER
20 TH JUNE	
18 TH JULY	
15 TH AUGUST	

2019

2 ND JANUARY	17 TH JULY
30 TH JANUARY	14 TH AUGUST
27 TH FEBRUARY	11 TH SEPTEMBER
27 TH MARCH	9 TH OCTOBER
24 TH APRIL	6 TH NOVEMBER
22 ND MAY	4 TH DECEMBER
19 TH JUNE	

“All welcome”

Tradition 5 - “Each group has but one primary purpose- to carry its message
to the still suffering alcoholic”